



Presenting Sponsors:



SYRATHON 2019

Below is the updated Syrathon Mileage Chart through 9/30/19 and the Strathmore Parks Run!

An updated chart will be posted following each Syrathon series race and fun run. If your mileage does not seem to be complete, please let us know... We may have missed something! Send an e-mail to cabbott@syrgov.net with any questions!

The next race in the Syrathon Race Series... Race # 6... will be the Inner Harbor Run, on its NEW weekend... Sunday October 6th. If you haven't yet signed up, you can do so [here!](#)

Also... the annual end-of-season **Syrathon Celebration** will take place on Sunday October 20th at Fleet Feet Sports in Dewitt, following the Eastwood Parks Run (doors open at Noon). Join us in the community room for light snacks and great conversation with fellow Syrathoners! We will have your finisher medals and an engraver to customize with your own mileage and message! Come celebrate your accomplishments with us! To RSVP, please e-mail cabbott@syrgov.net . Thanks!

Enjoy the Fall Running Season!

First Name	Last Name	T.H.	MG	PB	VNR	Stra	IH	EWD	Fun	Total
Brian	Abbott	4	10	3.1	4	4			9	34.1
Kelly	Allen Daby	4	10	3.1	4				3	24.1
Jessica	Alling	4	10	3.1	4				0	21.1
Sarah	Baker	4	10	3.1		4			6	27.1
Michelle	Baker	4	10						0	14
Darienn	Balin	4							0	4
Louis	Barbato	4	10	3.1	4	4			6	31.1
Valerie	Battelle								0	0
Julia	Bertrand	4	5	3.1	4	4			9	29.1
Kristen	Borte	4	10	3.1	4	4			6	31.1
Melissa	Brennan	4	10	3.1	4	4			6	31.1
Cali	Bryant	4		3.1					0	7.1
Robin	Bryant	4		3.1					0	7.1
Kelly	Busch	4	10	3.1	4	4			0	25.1
Sara	Buske	4	10						0	14
Chris	Byrnes	4							0	4
Julie	Cahill	4	5	3.1	4	4			3	23.1
Judith	Carroll	4	10						0	14
Pamela	Christensen	4	5	3.1	4				6	22.1

Nicholas	Chudyk	4	10	3.1	4			0	21.1
Samantha	Cleary	4	10		4	4		0	22
Brian	Cogan	4	10	3.1	4			0	21.1
Lindsay	Cogan	4	10	3.1	4			0	21.1
Michelle	Coyne	4	5	3.1	4	4		9	29.1
John	Crowley	4	10	3.1	4	4		6	31.1
Judy	Crowley	4	10			4		6	24
Reagan	Cuddy	4	10	3.1		4		6	27.1
Mary	D'Agostino	4	10	3.1	4	4		0	25.1
Megan	Daley	4						0	4
John	Dalziel	4	10					0	14
Robert	Daubenbis		10	3.1	4	4		3	24.1
Michelle	DeMauro	4	10					0	14
John	DeMott	4	10	3.1	4	4		9	34.1
Diane	Dewey	4	10	3.1	4	4		0	25.1
Abigail	Dewey		10	3.1	4			2.75	19.85
Arvinder	Dhamoon	4	10	3.1		4		3	24.1
Sheriah	Dixon			3.1				3	6.1
June	Dolan	4	10	3.1				3	20.1
Patricia	Domago	4	10		4			1.6	19.6
Penny	Donahue	4	10	3.1				6	23.1
Aaron	Drumgold	4	5		4	4		6	23
Brett	Dumais	4	10	3.1	4	4		9	34.1
Melanie	Dunn	4	10	3.1	4	4		9	34.1
Sarah	Eaton	4		3.1	4	4		6	21.1
Erin	Ewain-Cruikshank	4		3.1	4	4		6	21.1
Jason	Fingerman	4	10	3.1		4		6	27.1
Loraine	Fitzgibbons	4	10	3.1	4	4		0	25.1
Ankia	Flagg	4	10					3	17
Wendy	Fowler-Conner	4	10	3.1	4	4		2.75	27.85
Sherry	Fuller	4	10					0	14
Lisa	Gaines	4	10	3.1	4	4		0	25.1
Xavier	Gaines	4	10	3.1	4	4		0	25.1
Pam	Gavenda	4	10		4	4		0	22
Amy	Gibbons	4	10	3.1		4		0	21.1
Michael	Gilbert		10					0	10
Michael	Goodfellow	4	10	3.1		4		3	24.1
Susan	Grager	4	10	3.1	4			3	24.1
Sarah	Gridley	4	5	3.1	4	4		0	20.1
Greg	Hamilton	4						3	7
Brittany	Hannah			3.1				0	3.1

Bill	Hastings	4	10	3.1		4			3	24.1
Bethany	Hemmes	4	5		4				0	13
Chris	Holverson								0	0
Rosemarie	Hudson	4		3.1	4	4			3	18.1
Andrea	Hughes		10						0	10
Barb	Jasinski	4	10	3.1		4			3	24.1
Tammy	Johnson	4	5						0	9
Jeff	Jones	4	10	3.1	4	4			3	28.1
Michael	Jones	4	10	3.1	4				3	24.1
Lynn	Jones	4	10			4			3	21
Caroline	Jordan	4	10	3.1	4				6	27.1
Audrey	Kane	4	5	3.1					0	12.1
Kevin	Karoglanian	4	10		4	4			0	22
Marcia	Kelley	4	10	3.1	4				3	24.1
David	Kent	4	10	3.1	4	4			6	31.1
Jabe	Kile	4	10		4	4			3	25
Tim	Knapp	4	10		4				3	21
Lori	Knapp-Kankus	4	10	3.1		4			0	21.1
Michael	Koval	4	10	3.1	4	4			6	31.1
Joanne	Kowalewski	4	5	3.1	4	4			3	23.1
Kaylie	Kresse	4		3.1		4			6	17.1
Nicole	Kresse	4		3.1		4			6	17.1
Cynda	Lamb	4	10		4				3	21
Rosemary	Laquidari	4	10	3.1		4			6	27.1
Rebecca	Lazarek	4	10		4	4			0	22
Matthew	Leach	4	10						0	14
Chrissy	Lee	4	10	3.1	4	4			0	25.1
Andrew	Lodge	4	10	3.1					0	17.1
Janeen	Long	4	10	3.1		4			0	21.1
Kerri	Mahar								0	0
Scott	McGraw		10	3.1		4			3	20.1
Gayle	Milham		10	3.1		4			6	23.1
Beth	Montague	4				4			0	8
Karen	Moore	4	5	3.1	4	4			6	26.1
Connor	Moore	4		3.1	4	4			6	21.1
Jennifer	Morgan	4	10	3.1	4	4			3	28.1
Cindy	Morris				4	4			3	11
Nick	Mozzetti	4	10	3.1	4	4			9	34.1
Maureen	Mulderig	4	5	3.1	4	4			6	26.1
Nicole	Mullen			3.1					0	3.1
Lucille	Murphy	4	5			4			0	13

Brynne	Nosko	4	10		4			3	21
Michael	Notaro		10	3.1		4		3	20.1
Irene	ODonnell	4	10	3.1		4		0	21.1
Brian	Owens	4	10					0	14
Karen	Perry	4	10	3.1				3	20.1
Maggie	Perski	4	5	3.1	4	4		3	23.1
Renee	Powell	4	5					0	9
Rae	Printup	4						0	4
Erik	Radomsky	4	10	3.1	4			5.2	26.3
Danielle	Rafte	4	10			4		3	21
Arie	Rennert	4	10	3.1	4			6	27.1
Katie	Rey	4	10	3.1	4			3	24.1
Steven	Reynolds	4	10	3.1	4	4		9	34.1
Stacie	Robertson		5	3.1	4	4		3	19.1
Sarah	Romancik	4	10	3.1	4	4		0	25.1
Kevin	Sapio		10		4			0	14
Richard	Sargent	4	10			4		3	21
Robert	Savage, Jr	4	10	3.1		4		0	21.1
Sam	Schaeber	4	10	3.1		4		6	27.1
Mark	Schaeber	4	5	3.1	4	4		6	26.1
Lauren	Schaefer	4		3.1				0	7.1
Larry	Schiavone	4	10	3.1	4	4		0	25.1
Kim	Schulz		10		4			6	20
Jennifer	Sciacca	4		3.1	4	4		0	15.1
Kinyorda	Sliwiak	4	10		4			2.5	20.5
Theron	Sliwiak	4	10		4			2.5	20.5
Joanna	Sohovic-Urban	4	5	3.1	4	4		3	23.1
Joseph	Sojewicz	4	10	3.1	4	4		0	25.1
Tory	Stewart	4						0	4
Monika	Taylor	4	10	3.1	4	4		0	25.1
Debbie	Tracy	4						0	4
Sandra	Trainer	4	10	3.1		4		3	24.1
Anna	Trimble	4	5	3.1	4			0	16.1
Julie	Trimble	4	5	3.1	4			0	16.1
Seth	Tucker	4	10					3	17
Ken	VanAntwerp	4						0	4
Nina	Vergara			3.1				0	3.1
Kathy	Vickers	4	10	3.1				0	17.1
Christopher	Wallen	4	10					0	14
Karen	Welch	4	10		4			6	24
Jennifer	Wheeler	4	10		4			9	27

June	Wicker	4	10	3.1		4			0	21.1
Carol	Wilkie	4	5	3.1	4	4			3	23.1
Kristen	Wishart			3.1					0	3.1
Linda	Wishart			3.1					0	3.1
Erin	Woods	4							0	4
Aaron	Wright	4	5	3.1	4	4			0	20.1