City of Syracuse Department of Parks, Recreation and Youth Programs
Annual Lifeguard Employment Evaluation 2018-2019

MINIMUM QUALIFICATIONS **Limit of 20 candidates per test.**

1. 15 years of age
2. Current Lifeguarding/First Aid and CPR Professional Rescuer certifications
3. Current WSI certification (for instructors, Head and Assistant Head Lifeguards)

Please register prior to chosen test date. Walk-ins accepted on a first come-first serve basis.

Screenings will take place at Valley Pool **<u>Unless otherwise noted</u>**

Saturday	November 24	9:00 am	Valley Pool
Sunday	December 23	9:30 am	Valley Pool
Wednesday	January 2	5:30 pm	Valley Pool
Saturday	March 16	9:00 am	Valley Pool
Sunday	April 7	9:30 am	Valley Pool
Sunday	May 12	9:00 am	Valley Pool
*Saturday	May 25	1:00 pm	Valley Pool

Please complete the bottom portion and return to:

Syracuse Parks, Recreation & Youth Programs
c/o AQUATICS OFFICE
412 SPENCER STREET
SYRACUSE, NEW YORK 13204-1390

(* indicates back-up test, assignments will be made the first week in May)

The evaluation consists of a practical test covering the candidate's Lifeguard and CPR skills. The candidate must meet proficiency standards in each event to be eligible for hiring consideration. **Hiring priority is given to City Residents.**

<u>CPR SKILLS:</u> Each candidate <u>should</u> bring their own pocket mask or one-way valve. Some masks are available for use. Perform appropriate care on a victim who is unresponsive (situation cues from tester).

<u>WATER SAFETY SKILLS:</u>

<u>200 Yard Swim:</u> Eight (8) lengths of the pool. Front crawl or breaststroke only. Goggles may be worn.
<u>Spinal Injury Management:</u> Perform a spinal injury rescue on a simulated victim in shallow water.
<u>Active Victim Rear Approach:</u> Enter the pool and perform a rescue on an active victim in deep water, return to starting wall.
<u>Submerged Victim Rescue:</u> Using an in-water start at the shallow end, approach a victim, rescue and secure them on a rescue tube, return to the starting wall.

Optional <u>water skills</u> test for returning guards of 3 or more years includes; 200 yard swim and a 25 yard sprint on the rescue tube, 25 yard return swim, trailing the tube, to a submerged victim, rescue victim onto tube and secure at the closest wall. All candidates are tested on CPR skills.

FOR MORE INFORMATION, CONTACT THE AQUATICS OFFICE AT 473-4330 x3025

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Name ____ **Test Date**______________________

Address______________________________________ **Phone #**_______________________

City ____ **Zip** ____________

Email ____

New Applicant _____ ****Returning Guard** _____ **1-2 years** _____**3 or more years**