

## Syrathon 2012 Wraps Up in Eastwood

The bright sunshine and brilliant colors, so typical on Race Day in Eastwood, may have taken a hiatus this year. But, Sunday's cool drizzle and somewhat muted hues did little to dampen the enthusiasm of more than 300 runners crossing the finish line in Sunnycrest Park for the 2012 edition of the Park-To-Park Autumn Run. The 5-mile run along Eastwood's tree-lined streets again drew a record number of participants, and, for the 4<sup>th</sup> year, represented the final five miles of the City Parks race series known as Syrathon.

Now an 8-race series spanning 8 months and 42.5 possible miles, Syrathon brings runners along the streets of nearly a dozen unique City neighborhoods, and winds through acre upon acre of City Park land. The series encourages healthful physical activity throughout the year and challenges folks to run their own, personal marathon by accumulating at least 26.2 miles. Of course, many opted to run all 42.5 miles, and for that, have earned the title of UltraSyrathoner. For their efforts, Syrathoners were rewarded with a technical race shirt and finisher medal.

The Syrathon Foot Race Tour of City Parks is presented by Fleet Feet Syracuse, Saucony Sports, and The Syracuse New Times. Their contributions and support, along with the hard work of dedicated race committees, volunteers, and Parks staff, make the Syrathon race series possible year after year!

By the numbers,

- Syrathon participants ran a collective 8,587.3 miles over the course of the series.
- 128 completed the Syrathon Challenge by running at least than 26.2 miles
- 34 now call themselves Ultra Syrathoners, after running the full 42.5 miles
- Syrathoner Sheldon Kall logged more than 35 series miles... at the age of 81. This total included both the 10-mile Mountain Goat and 15K Run for Their Life!
- 4 Runners have traversed every single Syrathon mile since its inception... John and Brandi Ferrini, Todd Keller, and Beth Montague now have 127 Syrathon Miles under their belts.

### 2012 Ultra Syrathoners (42.5 miles)

Deborah Audley  
Lauren Berkun  
Patrick Chiles  
Rachel Chiles  
Colleen Clancy  
Judy Crowley  
John Crowley  
Diane Detrick  
Karen Dunford  
Suzie Ellsworth  
John Ferrini  
Brandi Ferrini  
Michael Haley

Marie Hall  
Amy Haskins  
Elaine Henning  
Emily Keicher  
Jason Keicher  
Todd Keller  
Karen Keller  
Jane Magari  
Jean Miller  
Connie Miranda  
David Miranda  
Bethany Montague  
Shaun Nagraj

Denise Napoli  
Andrew Napoli  
Lauren Putnam  
Kimberly Schulz  
Chris Senez  
Lisa Walden  
June Wicker  
Christopher Wojnarek

***For a full list of Syrathon Finishers, and for information on upcoming events, visit [www.syracuse.ny.us/parks](http://www.syracuse.ny.us/parks)***



Syrathoners pose with their hard-earned medals, following the Eastwood Park-To-Park Run